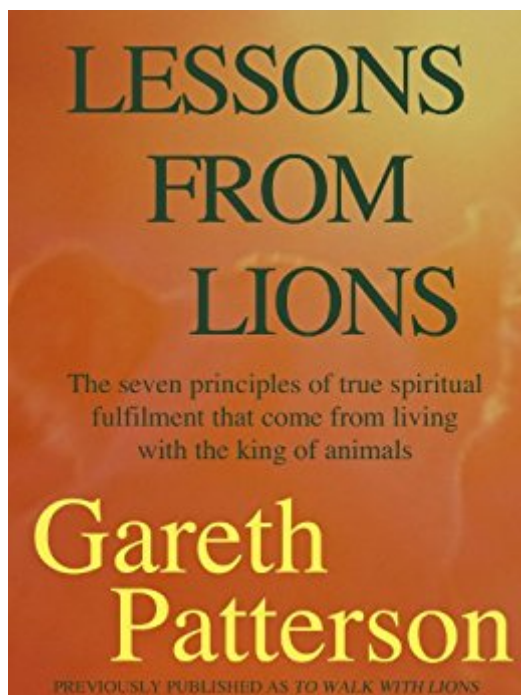


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# Lessons From Lions



## Synopsis

Æoel stood next to Batian facing the rising sun. Then, for the first time in my presence, Batian began roaring to the dawn. My right hand was on his flank as his calls reverberated across the land. Time stopped and through his calls I felt part of everything. I was the Earth and the Earth was me. I belonged, and I was free.

Gareth Patterson's extraordinary life amongst lions has shown him how, unlike us, these magnificent creatures are the embodiment of Ubuntu – the African sense of belonging. *To Walk With Lions* takes us on a mystical journey towards rediscovering our spiritual wholeness through reverence for Nature. In our inward-looking Western society, separated from Nature and God, many of us lack purpose and meaning whereas lions, wholly connected to the earth's energy, have an intrinsic sense of community and direction. This book teaches us to release ourselves from the prison of spiritual loneliness and purposelessness. It is about feeling a part of everything around us, about realizing our place in the natural kingdom and discovering true spiritual fulfillment. This book was previously published as *TO WALK WITH LIONS*.

Gareth Patterson was presented with the Nick Steele Memorial Award for the Environmentalist of the Year at the SAB Environmental Media awards 2016. Praise for Gareth Patterson: 'Gareth is a man in contact with his inner voice and, through lions, with all life. Isn't that the same as being in contact with God? I believe Gareth, as well as Jane Goodall and I have met many others is a channel of the animal world, which is showing us the way to renew our connection... While listening to Gareth, I see a strong yet vulnerable person – a sensitive man with inner strength who knows who he is, someone who has no need to pretend in the way that so many of us do. I also see a man who has the strength to remain vulnerable. He walks his way through life, open to where he will be, even if sometimes he does not understand why. He knows that in time, he will learn the reason. He speaks as if he can read what I am thinking.' Princess Irene of the Netherlands, author of *Science, Soul and the Spirit of Nature*.

Patterson soldiers on, triumphing over adversities that would have broken lesser men. Like Adamson before him, he cannot bear to think of a lion that is not free.

The Times 'Both (Adamson and Patterson) respected the lion's character, and its place in nature's hierarchy. Both wished to share their lives with this great predator. Both have had their wishes fulfilled...their extraordinary rapport with lions established a spiritual bond that continues to this day.'

Virginia McKenna, award-winning actress and co-founder of the Born Free Foundation. 'Moments later Rafiki appeared, a full-grown lioness in her prime. I could hear the thud of her feet as she ran straight at Gareth, then rose on her hind legs to place her huge paws over his shoulders, while he in turn hugged her...and the big lioness grunted with pleasure at seeing her friend again.' Twelve years

ago I had watched George Adamson being greeted in exactly the same way when he introduced me to his wild pride at Kora (in Kenya). It was a sight I had never expected to see again; yet here I was in Botswana, watching the man who had so modestly assumed the Adamson mantle.' Brian Jackman, award-winning author of *The Marsh Lions* and *Roaring at the Dawn*. Find out more about Gareth Patterson at his website: [www.garethpatterson.com](http://www.garethpatterson.com)

## Book Information

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## Customer Reviews

Being able to get this book again (my original was borrowed by someone, never to be returned) was such a bonus. Gareth writes from the heart. The lions only operate from the heart. The melding of that brings about the most beautiful insights and truths. Whether you have a connection with lions or not, whether you have spent time in the wilderness or not, I would heartily recommend this book as a map for the highway of life.

Gareth's experience and wisdom serves as a reminder that we humans have a connection and role within nature. In his other books, Gareth shares with the world his day to day experiences with

rescuing and living amongst a pride of lions, and exposing the barbaric practice of canned hunting. This book is very different. It is a spiritual reflection on what the King of Beasts has taught Gareth over the years. Gareth conveys his personal lessons learned from lions and what it means to be a true "Lionheart". "Lessons from Lions" flies way under the radar and it is a treasure that should not be missed. Personally, it is the only real self help book needed as nature and wildlife have so much to teach us. The responsibility is ours to pay attention and listen; not just with our eyes and ears but with our hearts as well. In detail Gareth describes the 7 Principals he has learned from lions. I won't spoil it and share those principals with you now, however I do encourage you to discover these principals for yourself by downloading a copy. I hope you will give yourself this gift.

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